



## SUN SMART POLICY

### DOCUMENT CONTROL

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<b>Approved By:</b> Principal Governing Council	<b>Principal:</b> Fione Love	<b>Governing Council Chairperson:</b> Natalie Jensen
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<b>Next Review:</b> 12 Months ( / /2018)	<b>Policy Scope:</b> School Specific	<b>Date Approved:</b> / /2017
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## Purpose

The Sun Smart policy at Lockleys Primary School aims to:

- Increase student and community awareness of skin cancer,
- Adopt practical sun protection measures,
- Develop strategies, which encourage responsible decision making about sun protection,
- Work towards a safe school environment, which provides shade for students and staff,
- Encourage students, parents, teachers and staff to wear protective clothing, hats and sunscreen for high-risk times such as recess and lunch times, outdoor lessons and excursions, and
- Inform parents and caregivers of enrolling students of the school's Sun Smart Policy.

## Implementation

Sun protection and skin cancer awareness programs are incorporated throughout the school's curriculum for all year levels, R- 7. This may be done in Health and PE, and Science as well as incidentally in other curriculum areas.

Teachers have access to the current information as recommended by the Cancer Council on skin cancer and its prevention, sun exposure and vitamin D.

## Behaviour

Students are required to wear sun protective hats and clothing for outdoor activities. These are the school broad brimmed or bucket hats and polo shirts. They are a part of our uniform and all students are expected to wear the school uniform.

Sun Smart clothing and hats are required on casual days and school events e.g. tops with longer sleeves and collars or higher necklines and longer-style shorts, skirts and dresses.

All staff are required to wear appropriate clothing and hats and apply sunscreen while on duty.

Parents are encouraged through newsletters, to practise SunSmart behaviour including the wearing of hats and sunscreen, especially at working bees, sports days or on school excursions.

Students and staff are actively encouraged to apply sunscreen regularly. SPF 30+ broad spectrum, water resistant sunscreen is provided in each classroom and students are encouraged to apply 20 minutes prior to going outside and reapplying every 2 hours if outdoors for extended periods or during water activities.

## School Organisation

Our school is working towards both increasing and maintaining shade in our grounds for student and community use. Playgrounds are covered by 98% UV shade cloth. Trees and shelter are made available for students to sit under for shade. The sun smart message is reinforced in classrooms, at assemblies and in newsletters.

Students who do not have a hat at playtime are directed to stay in a designated shade area. Students who do not have a hat for outdoor learning activities are asked to borrow a spare hat so they can participate. Students are actively encouraged to seek and use available areas of shade for outdoor activities.

School uniform hats must be worn for all outdoor activities for Term 1 and Term 4 and whenever the UV Index levels reach 3 and above. Outside of these terms, and when the UV level is below 3, hats are not required to help maintain vitamin D during winter.

All staff, volunteers and students must check the staff room door to see if the 'hat' sign is being displayed. If the 'hat' sign is displayed, it is compulsory for hats to be worn.

Wrap-around sunglasses, meeting Australian Standard 1067, may be worn during outdoor activities. School monitors UV levels by accessing UV App and / or website on a daily basis. Lunch-time play is conducted in classrooms on days of extremely high UV levels. Recess play time is reduced to 10 minutes. In extremely high UV conditions students are required to stay indoors during lunch and recess.

Wherever possible, PE/Sport are scheduled during off peak UV radiation times and in consideration of the daily sun protection times or in shaded areas such as the gymnasium.

Swimming lessons are held in an enclosed swimming pool. For Aquatics, students are encouraged to wear T shirt, hat and sunscreen.

On excursions it is a requirement that students wear suitable hats, clothing and sunscreen.

Our Policy can be accessed in the School Handbook and is available on the school website.

### **Cultural and Religious Headdress**

As Lockleys Primary School is a very multicultural school, specific cultural and religious headdresses which are not part of the dress code may be worn. These may include but not limited to a Dastar (turban) and Hijab headscarf. However, as we are a Sun Smart School, hats must still be worn during 'hat days' as per Sun Smart Policy. Hats may be worn over cultural and religious headdresses (unless not practical).

### **Monitoring and Evaluation**

The Sun Smart policy is to be reviewed and updated on an annual basis

Signed and Endorsed by:

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Principal

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Governing Council Chairperson

Date Approved:     /     /2017